

May

31 Days of Prayer



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"May the favor of the Lord our God rest on us; establish the work of our hands for us — yes, establish the work of our hands." – Psalm 90:17</p>				1 Pray for God to "establish the work of our hands" at ECOG	2 Offer praise & appreciation to God	3 the PNA and our sister Church of God congregations
4 the intergenerational relationships at ECOG & our family worship	5 Pastor Courtney and Blake and their ministry among us	6 those in our church who are in need of God's healing touch	7 all of those who use our building during the week, or walk on our property	8 God's Spirit to be our primary guide as we look to the future	9 Express appreciation for who God is & how God has acted in your life	10 our local community
11 a fresh anointing of God's Spirit upon our congregation	12 ECOG Governing Board members and their families	13 healing & restoration in relationships that are strained or broken	14 opportunities to connect with and minister to those in need	15 fresh & clear vision for the future direction of our congregation	16 Offer praise & thanksgiving for ECOG in your life & faith walk	17 the missionaries we support: The Langfords & the Richeys
18 creativity in our worship and ministries	19 ECOG staff and those who serve in lay leadership roles	20 those working through grief & loss and those who are lonely	21 our rental partners and for creative ways we can better connect	22 wisdom & discernment for ECOG leadership to follow God's leading	23 Express gratitude for God's faithfulness and provision for ECOG	24 our nation
25 the future of our worship ministry leadership	26 all who volunteer time to serve the church in various capacities	27 our ministry to children, youth, young adults, parents, grandparents & senior adults	28 creativity and new insight into outreach ministry opportunities	29 courage and boldness to trust and follow God into this next season	30 Offer appreciation for what God has done & what God will do at ECOG	31 our world

Prayer: This is a conversation with the Creator of the Universe, your Savior, and your Friend

Dictionary definition of conversation: a talk, especially an informal one, between two or more people, in which news and ideas are exchanged.

Helpful Hints: Prepare ahead of time for your time of prayer with any or all of these tools:

1. A notebook and pen, an art journal, etc.
2. A Bible
3. A place...if you like to see nature (in daylight hours) or stars (in nighttime hours), prepare a comfortable location. If you need to be at a table or desk, select the space you need, and remove any distractions (like phones and electronics).
4. If you need help to focus on the Lord, place an empty chair next to or across from your chair and envision Jesus with you.
5. Have a prepared list of the persons or groups for whom you want to pray.
6. You may want to light a candle to signify God's presence with you.

Sit comfortably, breathe deeply, and relax.

Focus on perceiving the living Presence of Jesus with you.

Ask Jesus to help you quiet and calm your mind, heart, and spirit.

Ask Jesus to show you any needs in your own heart as you begin;

ask forgiveness and release anything that might prevent you from hearing the Lord's voice.

Ask Jesus to show you any specific needs of the persons or groups for whom you are to pray (jot those down).

We encourage
you to write down &
track answered prayers
& glimpses of God
at work!

Psalms of Praise and Appreciation to God:

Psalms 5:11 Psalms 9:1-2 Psalms 18:3

Psalms 34:1 Psalms 47:1-2 Psalms 65:1-3

Psalms 89:5 Psalms 104 Psalms 150

Ways to Hear and Listen for God

How is Jesus showing me He loves to be with me right now?

What does God want to remind me of right now?